

*
*
.

(120)

(397)

(%30.2)

(% 67)

(%47.2)

(%46.5)

(%44.5)

(%45.5)

(% 39.6)

(%40.4)

Abstract

Athletics training according to the quality standards from the perspective of the specialists in Palestine

The study aimed to identify the level of training Athletics training according to the quality standards from the perspective of the specialists in Palestine. and to achieve this study was conducted on a intentional sample has (120) individual, representing (30.2%) of the original's community study of (397) individuals, the researcher used the descriptive approach, and the measure of athletics training according to aof the quality standards of the preparation of the researchers. The study results showed that the level of athletics training according to of the quality standards from the perspective of the specialists in Palestine were few and by (47.2%), And the coach ranked the first relative weight (67%), followed by a potential second relative weight (46.5%), and training methods ranked third relative weight (45.5%), and administrative ranked fourth relative weight (44.5%), and

....

psychological fifth place relative weight (40.4%) and nutrition ranked sixth and final relative weight (39.6%).

:

" "

.(55 2006)

.(32 2005)

2015

:

"MQT" Total Quality Management

(70:2004)

()

:

"

"

"

"

(

)

"

"

(

)

:

....

2006) (57 2007)

" "

.(55

(2008)

(2009)

(2006)

(2007)

(2002)

(2005)

:

"

.(32:1996 ,Jen)

2015

:

.1

.2

.3

.4

.5

:

:

:

:

:

.1

.(81 2006)

:

.2

.(49 2006)

:

.3

.(5 2007)

:

" (2010)

.1

....

"

333

75

"

(2009)

.2

"

(80)

"

(2008)

.3

"

180

"

(2007)

.4

"

200

50

310

2015

" (2006) .5
"

(116) (135)

— —

" (2005) .6
"

280

" (2002) .7
"

:

....

:

:

:()

"

.(397) "

:()

(120)

(30.2)

(1)

%12,5	15	
%22,5	27	
%57,5	69	
%7,5	9	
%100	120	

:

."1 "

-

-

-

2015

.

:

: .1

: .2

2009/9/15

: .3

. 2010/1/4

: -2

:

-

-

(6)

:

(2)

%100	6		1
%100	6		2
%100	6		3
%100	6		4
%100	6		5
%100	6		6

(%100)

(2)

....

:

:

(15)

: (3)

(3)

0,05	0,543		1
0,05	0,611		2
0,01	0,547		3
0,01	0,501		4
0,05	0,499		5
0,05	0,653		6
0,01	0,561		7
0,05	0,651		8
0,05	0,519		9
0,01	0,578		10
0,05	0,438		11
0,05	0,556		12
0,05	0,657		13

2015

0,05	0,587		14
0,05	0,612		15
0,01	0,654		16
0,01	0,589		17
0,01	0,643		18
0,05	0,439		19
0,05	0,711		20
0,05	0,637		21
0,05	0,519		22
0,01	0,639		23
0,01	0,547		24
0,05	0,473		25
0,01	0,547		26
0,05	0,675		27

(0,05 0,01)

2009/11/20

(10)

2009/12/5

(0.852)

....

(4)

0.854	4.522	12.3	5.988	13.9	
0.984	4.964	10.1	4.554	9.9	
0.836	5.999	9.1	5.335	8.3	
0.881	4.123	9.1	4.412	9.9	
0.852	6.177	12.6	7.985	12.9	
0.841	4.991	9.8	5.541	9.1	

:

2009/12/6

2009/12/15

:

-1

-2

-3

-4

-5

:

:

.

:

2015

:

" "

(5)

(120=)

3	62	1.165	3.1	372	1	1
3	62	1.252	3.1	372	7	2
1	78	0.967	3.9	468	13	3
2	66	1.838	3.3	396	19	4
	67	2.611	3.35	1608		

(5)

.(3.1-3.9)

:

" "

(6)

(120=)

4	30	0.688	1.5	180	2	1
1	58	1.333	2.9	348	8	2
3	44	1.361	2.2	264	14	3
2	54	1.380	2.7	324	20	4
	46.5	2.381	2.3	1116		

(6)

.(1.5-2.9)

....

:

" "

(7)

(120 =)

3	36	1.196	1.8	216	3	1
2	44	1.196	2.2	264	9	2
2	44	1.361	2.2	264	15	3
1	54	1.525	2.7	324	21	4
	44.5	2.639	2.2	1068		

(7)

.(1.8 -2.7)

:

" "

(8)

(120=)

1	56	1.105	2.8	336	4	1
4	32	0.940	1.6	192	10	2
3	50	1.317	2.5	300	16	3
2	54	1.525	2.7	324	22	4
	45.5	2.443	2.4	1152		

(8)

.(1.6-2.8)

2015

:

" "

(9)

(120=)

5	30	1.235	1.5	180	5	1
4	32	1.046	1.6	192	11	2
3	42	1.071	2.1	252	17	3
2	48	1.313	2.4	288	23	4
1	54	1.301	2.7	324	25	5
4	32	1.231	1.6	192	27	6
	39.6	3.598	1.9	1428		

(9)

.(1.5 -2.7)

:

" "

(10)

(120=)

4	36	1.005	1.8	216	6	1
5	26	0.656	1.3	156	12	2
3	42	1.071	2.1	252	18	3
2	48	1.142	2.4	288	24	4
1	50	1.317	2.5	300	26	5
	40.4	2.595	2.02	1212		

(10)

....

.(1.3-2.5)

:

(11)

(120)

1	67	2.611	13.4	1608	
2	46.5	2.381	9.3	1116	
4	44.5	2.639	8.9	1068	
3	45.5	2.443	9.6	1152	
6	39.6	3.598	11.9	1428	
5	40.4	2.595	10.1	1212	
	47.2	8.133	63.2	7584	

: (11)

.(% 67)

-

.(% 46.5)

-

.(% 45.5)

-

.(% 44.5)

-

.(% 40.4)

-

.(% 39.6)

-

:

(11)

(%67)

2015

200 1994
(2005)

(% 46.5)

(2008)

(2007)

(% 45.5)

(2008)

(2005)

(% 44.5)

....

(2009)

(2010)

(2007)

(%40.4)

(% 39.6)

:

:

:

:

-1

.(%47.2)

67)

-2

(% 46.5)

(%

(% 45.5)

2015

(% 44.5)
(% 40.4)
(% 39.6)

:

" - - " -1
-2
-3
-4
-5
-6

:

(2007). -
(2005). -
(2006). -
(2006) . -

....

.(2002). -

.(2007). -

.(2004). -

"

.(2010). -

.(2008). -

.(2009). -

.(2005). -

- Jens J. Dahlgard and kai Christensen (1996). total quality management and education, quality control and applied statistics, vol 41, no 2, April..

1

2015

"

"

						1
						2
						3
						4
						5
						6
						7
						8
						9
						10
						11

....

						12
						13
						14
						15
						16
						17
						18
						19
						20
						21
						22
						23
						24
						25
						26
						27