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Abstract

Psychological Burnout Sources and their Relationship with the Social Support of A sample Drivers

This study aimed to identify the sources of psychological burnout and its relationship with the social support among drivers in gaza governorates on 2013. The sample of the study consisted of 245 public drivers. The researcher used the scale of the psychological burnout sources and another scale for the social support which were prepared by the researcher. Persentyge, T- test , person correlation Factor and on-way anova analyze were used as statistical methods . The results for study showed that the relative weight as the flowing : 91% and the relative weights for the fields were respectively 95.2 for the government, 95.1 for the municipality, 94.4

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for the colleagues, 89% for the volume of work, 88% for the passengers and 86% for the nature of the work. Also, The results showed that there is a high level of the burnout resources among the sample of the study, were as it showed that there was a low level for the social support. Also, the results showed that drivers who have experience of 16 years and over were more burning than drivers of 5 years experience or less. Moreover the drivers with bachelor's degree were more burning than drivers with a high school diploma and drivers with a high school diploma were more burning than drivers with junior high or less. The results showed that there were no significant differences in the scale of sources burnout according to the variable housing Also, the results found that there was no relationship between the total degree of burnout sources and the social support .The researcher recommended the importance of introducing services by the government to help drivers in facing stress .

Key words: sources of psychological burnout - social support .

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(Langford, et al 1997) .

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Gavish & Friedman (2010)

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0.551	16	0.805	30	0.571	18
0.564	21	0.806	34	0.696	19
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0.564	7	0.771	22	0.404	6
0.818	8	0.400	29	0.440	9
0.405	14	0.606	38	0.442	12
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0.616	36			0.422	23
0.540	37			0.407	24
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0.05	3.344	91.170 27.260	273.510 6569.739 6843.249	3 241 244		
0.05	5.251	43.732 8.329	131.197 2007.195 2138.392	3 241 244		

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	1.534	3.701 2.413	11.104 581.5669 592.669	3 241 244		
0.01	4.055	51.477 12.694	154.430 3059.137 3213.567	3 241 244		
0.05 0.05	3.373	844.408 250.327	2533.224 60328.78 62862.0	3 241 244		

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3.83126	26	30.2264	3.00916	26	46.4783	5	1
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16.96008	26	182.000	5	1
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0.05	3.135	40.573 12.944	81.145 3132.422 3213.568	2 242 244		
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	1.592	13.854 8.701	41.561 2096.831 2138.392	3 241 244		
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